

Tape resist art is a classic technique. You use masking tape to create a design, then paint around it. When you remove the tape you're left with the negative space.

SUPPLIES

- Watercolor paper
- Tape (thin washi tape is included, masking tape or painters tape also works well)
- Watercolor paints
- Paintbrush
- a cup of clean water and a cup of water to rinse your brush between colors

INSPO:





Instructions

- Start by sticking down strips of the washi tape or masking tape to make a design. You can create any design you like. Try making various shapes with lines of tape to start with a simple, bold design.
- Leave the ends of the tape to hang over the edge of the paper slightly, so they'll be easier to remove later.
- Decide what color(s) you would like to use.
- Dip your paintbrush into your clean water and activate the paint color you want to use.
- Using the lid as a mixing palette, try mixing different shades until you
 get colors you like. Test them on a piece of paper to see if they're the
 color you want to use.
- Begin painting! You can color block by painting each shape a different color or paint a wash of color over the entire page.
- Once the paint is dry, it's time for the big reveal. Carefully peel off your washi tape, trying not to tear the paper at all. If you have overlapping tapes, peel off the top layer first. The tape should come off easily.

Try using some of the other easy watercolor techniques listed on the back



EASY WATERCOLOR TECHNIQUES

Now that you've tried using the tape resist method, here are some techniques to experiment with:



WET ON WET TECHNIQUE

The wet on wet technique is simple! Using a flat brush, paint your entire paper with clean water. Then paint over the wet paper 1 color at a time. As the paper dries the paint mixes and creates beautiful unique patterns.



SALT ON WATERCOLOR

First, paint your watercolor paper using the wet on wet technique. While your painting is still wet, sprinkle salt onto your painting. Try out table salt and coarse salt to see the different patterns each makes. Let your painting dry completely before brushing the salt off.



USING PLASTIC WRAP WITH WATERCOLORS

First, mix up your paints, get your paper ready and have some plastic wrap handy. You can use 1 or more colors for this project. Next, paint your paper using the wet on wet technique. While your painting is still wet, place some plastic wrap onto the paper. Move it around a bit to create some interesting texture, you don't want it flat against the paper. Wait for your painting to dry completely before taking the plastic wrap off underneath to reveal your beautiful painting!