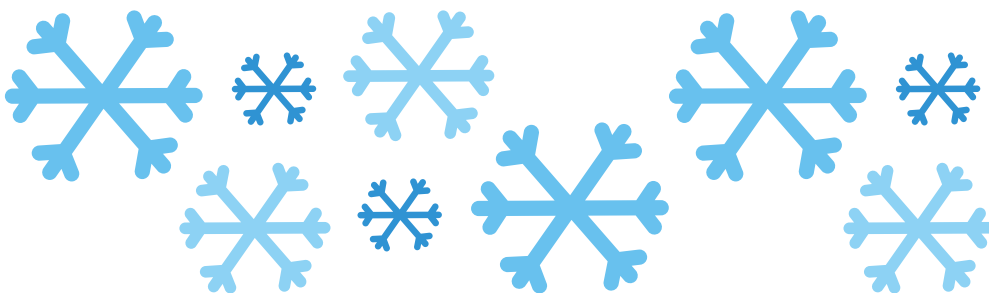


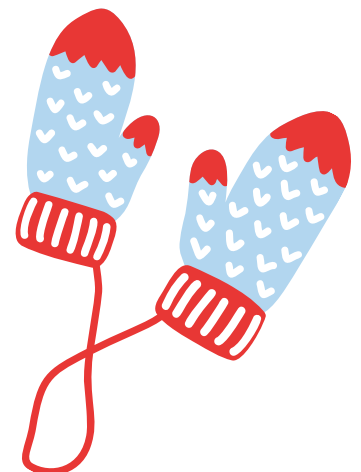
SALT DOUGH MITTENS!

1. Preheat the oven to 275.
2. In a small bowl, mix water and salt until mostly dissolved (not all the salt will dissolve).
3. Add half the flour. Mix.
4. Add the remaining flour. Mix until a dough forms.
5. Turn the dough out onto a lightly floured surface. Work until smooth and not sticky or crumbly.
6. Roll part of the dough out (on wax paper) to a circle at least 3 inches larger than the hand you are printing. You want the circle to also be rolled out to about 1/2 inch thick.
- *Thinner may break easily once dry and thicker may take a long time to dry.
7. Lightly press down to make the handprint impression.
8. Remove hand and use a knife to cut around the hand to make a mitten shape.
9. Bake @ 273 for 1 hour, then let cool completely.
10. Paint and decorate the mittens with colors of choice, and add cotton to the cuff if you want!



Salt Dough Recipe:
1 cup all purpose flour
1/2 cup salt
1/2 cup warm water

Supplies Needed:
wax paper
rolling pin
craft paints
paintbrushes
ribbon
hot glue gun or multi-surface glue
small screwdriver or similar for poking the hole



recipe from Fun Handprint Art Blog (funhandartblog.com)