



Stitched Art

November 2020

Directions:

1. Open the embroidery hoop by loosening the screw at the top.
2. Place the fabric between the two rounds of the hoop, and secure by re-tightening the screw. Trim around the edge of the hoop to make it easier to hold.
3. Cut a length of thread and pass it through the eye of the needle. Tie a knot on the end to stop it from going all the way through...
4. Beginning behind the hoop, poke the needle back and forth through the fabric and pull to make it tight. Experiment with the different shapes you can make!

Materials List

- embroidery hoop
- thread
- needle
- fabric
- extra yarn, ribbon, beads or other embellishment items *

**Not provided in supply bag*

This activity is completely open-ended... experiment with your budding sewing skills to make a masterpiece for display or keep this hoop as a place to practice. Follow your inspiration!



Here are a few variations to try...

~Stitch length: move your needle in and out of various openings in the burlap to create longer and shorter stitches

~ Experiment with creating rows of stitches that are right next each other (to create a more solid shape) or further away to be able to see each stitch

~Try stitching out and then coming back to the same spot to create a radial design like a flower or starburst

~Make a series of Xs or cross over your previous stitches with a new color

Variations by authors of Art Bar blog
<https://www.artbarblog.com/>

<https://www.artbarblog.com/embroidery-and-stitching-with-kids/>

Modifications and extensions

For a younger crowd...

Use pipe cleaners or strips of fabric as the "thread" to try out different effects and to develop finger dexterity.

For more advanced learners...

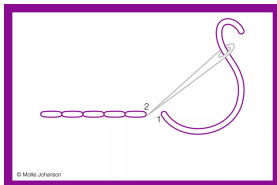
Try to "draw" a picture with the thread. Experiment with different embroidery stitches to make the effects you need!

Explore Further...

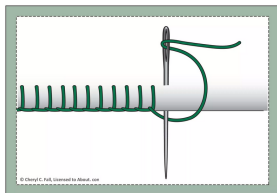
Here are some basic stitches to try out as you explore. Find tutorials and directions at:

<https://www.thesprucecrafts.com/surface-embroidery-stitches-1177584>

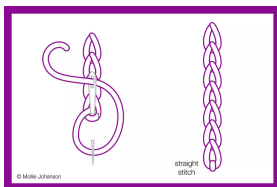
- Back Stitch



- Chain Stitch



- Blanket Stitch



Learn More!

<https://www.redtedart.com/basic-hand-stitches-beginners/>



Titles to Explore



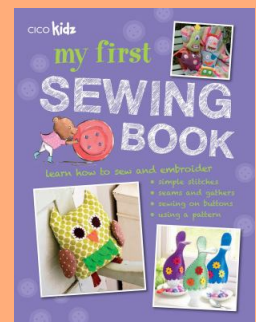
Super simple sewing for kids

by Sewing for kids



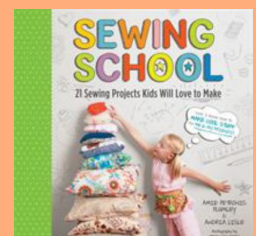
Seamless sewing projects

by Veronica Yang



My first sewing book

by CICO Kidz



Sewing school : 21 sewing projects kids will love to make

by Amie Petronis Plumley